

## So Long, Insecurity: You've Been a Bad Friend to Us *by* Beth Moore



**ISBN:** 1414334745

**ISBN13:** 978-1414334745

**Author:** Beth Moore

**Book title:** So Long, Insecurity: You've Been a Bad Friend to Us

**Publisher:** Tyndale House Publishers, Inc.; Unabridged edition (February 2, 2010)

**Language:** English

**Category:** Christian Living

**Size PDF version:** 1447 kb

**Size ePUB version:** 1164 kb

**Size DJVU version:** 1237 kb

**Other formats:** docx doc azw mobi

**2011 Retailers Choice Award winner!** Perhaps one of the biggest issues all women face is their own insecurity. Beth Moore, one of today's most admired and trusted Christian writers, wants women to be free from the insecurity trap. *So Long, Insecurity* will strike a chord with women everywhere, as Beth speaks truth into the lives of readers, showing them how to deal with their innermost fears, rediscover their God-given dignity, and develop a whole new perspective—a stronger sense of self. Women of all ages and backgrounds will resonate with this message of security and discover truths that will free them emotionally and spiritually and lead them to a better life as they walk with God.



## Reviews of the *So Long, Insecurity: You've Been a Bad Friend to Us* *by* Beth Moore

- Braswyn

This is a must read for any woman in our culture of sexism and continual attitude of more, more, more.

I ordered this book a few years ago with several others I was "going to read" that year. Needless to say, I didn't. But when a very serious relationship of four years ended with a broken engagement and a bomb that rattled my whole life, this book constantly came to mind. (I am sure the Holy Spirit was pressing this on my heart.)

I picked it up and began to read. I learned so much about myself, allowed myself to forgive and let go of somethings and was reunited with my God, who I had de-throned for a man.

Insecurity cause by an unstable childhood, multiple stupid mistakes and decisions has been the root of so many of my personal, professional and even, unaware issues that I've lived with my whole life. God threw the door open on a fiercely broken heart and has began His wonders of healing it.

For me, this book is where God refreshed and reconnected with me in my pain and spiraling life. Thank you, Beth for your obedience and for just writing your heart. I needed it and God used it to stake claim on my heart once again.

- **Ndlaita**

I just couldn't get through the beginning. For women who want intelligent, reasoned, straightforward edification (e.g., Elizabeth Elliot), Beth Moore is a distraction and a bit chaotic and emotional. She's funny, for sure. I enjoy watching her talks. But this book is loooooong, and most of the book is Moore trying to be casual and relate-able ("relevant"). It seems watered-down and thin for the great masses looking to be entertained while they also get a morsel of good advice and a few Bible verses. If you need to laugh and be entertained to get through a book, then you may like this. I am from the South, and I love the South - so it's not her southern-ness that bothers me; I always find that charming. It's just the lack of substance combined with the length of the book. Not all women want to be placed in a box that women's ministry often assumes they are in - that we all want to talk about shopping and makeup and babies and cooking and keep things emotional all the time... Some women are intellectual and serious and want a reasoned, in-depth discussion about insecurity and how Jesus and the Gospel can heal that. I did not find that in this book.

- **Ballagar**

This is the best book on this subject that I've ever read. I read it about two years ago, and I still think of it often, especially some of the scripture verses that Beth Moore uses throughout the book to support the principles she is teaching. I have recommended it to a number of my friends, and I think it would help many, many women in important ways if they read it. It helped me understand that God created us as women with strength and dignity (Prov. 31). Instead of dry analysis, though, it is full of stories of women that I could relate to.

- **Lianeni**

Beth Moore has written several books that I've had the pleasure of reading and each one has impacted my life in a positive way. This book has had such an enormous impact, I can honestly say, I will never be the same. And that's a good thing! For someone who has struggled with anxiety, fear, and crippling uncertainty, after years of being in an abusive marriage, with 2 young children, this book was a Godsend. It was the last 2 chapters that really took the power away from the enemy. I'm committed to rereading them whenever I am tempted to fall back into the trap of his tactics that try to convince me that I'm a defeated failure. That's where I was, mentally, before I began this journey of reclaiming my security. Beth, thank you so much for helping me get back on track with God's unwavering Truth, while saying goodbye to the lies that have held me hostage for years. Thank you, God, for using Beth to change my life and, especially, my children's lives. Their future, and perhaps many generations that follow, will be much brighter now that they have a secure mother, through Christ!

- **GEL**

“Where on earth did we come up with the idea that we have to subtract value from ourselves in order to give credit to someone else?” That's one of the many questions Beth Moore asks in her book, *So Long Insecurity*. I spent at least a month going through the pages of this book. It was like sitting down with a friend and having a heart-to-heart. Not everything applied to me, but the parts that did were profound. I am definitely not the same woman I was when I went in, but the funny thing is, I can't pinpoint the change. I don't know when it happened, or even what it was, but as Beth's words washed over me, I felt more secure on who I am in Christ and in life.

I would highly recommend this book. Personally, I have several things underlined or highlighted and will probably be re-reading this one at some point.

- **Sagda**

I honestly think every female should read this book. I didn't even realize how I've let insecurities rob me of so much joy. I'm now more aware of wasted time and emotions on things that I should have surrendered to God and just trusted Him to bring me through, even when He doesn't use my method. He has never ever failed me. I can't do this book justice with my words, please just read it.

## **Related PDF to [So Long, Insecurity: You've Been a Bad Friend to Us](#) by Beth Moore**

### **[Get Over Yourself!](#)**

by Jennifer Beckham

### **[Finding My Voice: A Young Woman's Perspective \(Called to Holiness: Spirituality for Catholic Women\)](#)**

by Beth M. Knobbe

### **[Breathing Easier: Taking Action on Climate Change Air Pollution and Energy Insecurity](#)**

by James J. MacKenzie

### **[National Insecurity: U.S. Intelligence After the Cold War](#)**

by Craig Eisendrath

### **[Women Risktakers: It's Your Destiny... Reach Higher, Stand Stronger, Go Further \(Life Purpose\)](#)**

by Patricia D. Bailey

### **[Breaking Free \(Leader Kit\): The Journey, The Stories](#)**

by Beth Moore

## **Insecure Times: Living with Insecurity in Modern Society**

by Michael Hill, John Vail, Jane Wheelock

## **A Woman and Her God (Extraordinary Women)**

by Sandra D. Wilson, Kathleen Hart, David Hager, Thelma Wells, Beverly LaHaye, Beth Moore

## **For Women Only in the Workplace: What You Need to Know About How Men Think at Work**

by Shaunti Feldhahn

## **God Speaks to Women Today**

by Eugenia Price